

# FUNCTIONAL TRAININGS AREA - AB 16. SEPTEMBER 2024

	Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonn- u. Feiertag
08:00							
08:30							
09:00							
09:30							
10:00							
10:30	Open Gym 8:00 - 17:30					Open Gym 9:00 - 14:30	
11:00							
11:30		Open Gym 8:00 - 19:45		Open Gym 8:00 - 19:45			Open Gym 9:00 - 19:00
15:00						Functional Training 15:00 - 16:00   Sarina	
15:30			Open Gym 8:00 - 22:00		Open Gym 8:00 - 22:00		
17:00							
17:30							
18:00	Functional Training 18:00 - 19:00   Sarina					Open Gym 16:15 - 19:00	
18:30							
19:00							
19:30							
20:00	Open Gym 19:15 - 22:00	Functional Training 20:15 - 21:15   Simon		Functional Training 20:15 - 21:15   Jonas			
20:30							
21:00							
21:30							

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aktuelle Kurspläne und vieles mehr

